

**28 January 2024**  
**Fourth Sunday in Ordinary Time.**  
**Year B**

Holy Mass  
9.00am, 11.00am & 4.30pm

Readings begin **page 132**

**1st Reading:**

Deuteronomy 18: 15 - 20

**Responsorial Psalm:**

Psalm 94: 1 - 2, 6 - 9

O that today you would listen  
to his voice!

Harden not your hearts,

**2nd Reading:**

1 Corinthians 7: 32 - 35

**Gospel Acclamation:**

Matthew 11: 25

Alleluia, alleluia!

Blessed are you, Father,  
Lord of heaven and earth;  
for revealing the mysteries of the  
kingdom to mere children  
Alleluia!

**Gospel:**

Mark 1: 21 - 28

**WEEKLY SCHEDULE**

Church open 8.00am - 7.00pm daily  
Monday - Saturday

**Monday 29 January**

Holy Mass 5.45pm  
with Devotions to St Philip Neri

**Tuesday 30 January**

Holy Mass 12.30pm  
with prayers to Venerable Margaret  
Sinclair for her cause

**Wednesday 31 January**

*St John Bosco*

Exposition 11.30am : 12.15pm

Confessions 11.40am : 12.10pm

Holy Mass 12.30pm with Litany  
to Our Lady of Perpetual Help

**Thursday 1 February**

**Requiem Mass** of Anne Devine  
10.30am

May Anne rest in peace

Holy Mass 12.30pm

**Friday 2 February** First Friday

*The Presentation of the Lord*

Exposition 11.30am : 12.15pm

Holy Mass 12.30pm & 5.45pm  
& blessing of candles

**Saturday 3 February** 1st Saturday

*St Blaise*

Exposition 11.30am : 12.15pm

Confessions 11.40am : 12.10pm

Holy Mass 12.30pm

& blessing of throats

**Confessions** available before and  
after Holy Mass when possible

**St Patrick's RC Church Edinburgh**

National Shrine of Venerable Margaret Sinclair

**Served by**

Fr Gerard Hatton, Administrator

Fr Ninian Doohan, Assistant Priest

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The Most Holy Eucharist is the source and summit of the Christian Life. The Most Blessed Sacrament of the Altar is the root and branch of our Catholic Faith. The worthy reception of Holy Communion is therefore something that we should be forever vigilant about, not only in our interior disposition (being in a state of grace) but our external posture showing reverence and care for the Sacramental Body of Our Lord Jesus Christ, the Sacred Species of the Host which we receive at the Altar Rail.

For a long time it has been a problem, but the incidence of Eucharistic accidents has been on the increase, not just here, but in other churches as well. The two most common faults are as follows (a) when receiving in the hand, there follows a swift movement of the body or hand, showing disregard for the Sacred Host being light in weight, which is then subject to falling to the floor; and (b) the receiving on the tongue, but without consuming, the communicant bites down hard on the Sacred Host too quickly, and risks its fracture, thus allowing a portion to fall to the ground.

There are all sort of other ill thought out mannerisms which accompany reception of Holy Communion: holding out one hand and raising this hand to the mouth, risking the possibility of it falling into one's shirt sleeve; or receiving Holy Communion in the one hand, and then transferring it to the other, back and forth sometimes multiple times, almost juggling, until finally consumed. It is also not possible to receive in the hand when one is carrying something at the same time. If one chooses to receive on the hand, the palm of the less dominant hand should be laid flat, and the Host should then be consumed using the fingers of the more dominant hand. The palm and the fingers should be examined for any potential remaining particles left behind.

Everything that involves us increasing the possibility of losing even the smallest speck of the Sacred Species must end, we must then alter the manner in which we receive. There is no argument based on emotion, custom, habit, or even "rights" when our first **duty** is to protect the Blessed Sacrament from accidental profanation. Every time Holy Communion falls to the ground, it is no longer to be consumed: It should be picked up by the Priest, placed in water and allowed to dissolve in a sacred space. The area where the Host fell must be purified using water and the sacred linens. Prayers of reparation should be said. Even with the use of the communion plate, accidents inevitably happen, but what is almost satisfying to see, is that the plate "does its job" because there is occasionally a portion of the host, visible to the eye, that has been saved from profanation by this additional security and concern.

In the extermination camps of both the Nazis and Soviets, Catholic Priests risked their lives to offer Mass, and distributed the tiniest portion of one piece of Holy Communion upon the tongues of many communicants, a tiny "speck" of the Lord, but each receiving none the less the True Body and Blood, Soul and Divinity of the Lord in totality.

Let us approach with decorum, let us compose ourselves correctly, let us receive with care, and return with reverence. Parents should take particular care to instruct their children that there is no rush in their reception. Regular announcements may by necessity have to be repeated, please be patient, we have many occasional visitors. Some advice may also be given at the altar rail, please accept it in the spirit of love and humility, it is to avoid any danger to the Blessed Sacrament. God bless. *Father Ninian Doohan*

**Finance: Collections**

21 January

GA: £ 197.00

NGA £ 433.10

Crib Offerings

£ 58.34



Donate online by scanning the QR code.

Thank you for your support.

**Making a donation:**

You may wish to consider taking out a standing order for your weekly / monthly contribution, in this case, the parish account details are:

St Patricks Church  
Bank of Scotland  
Sort code: 80-02-29  
Account No: 00687306

The **Requiem Mass** of Anne Devine will take place on

Thursday 1st February at 10.30am

Eternal rest grant unto her O Lord and let perpetual light shine upon her may she rest in peace.

**Free Places at the SPUC Youth Conference!** 23rd - 25th February 2024 at Yarnfield Park Training Centre in Stone, Staffordshire ST15 0NL. The Society for the Protection of the Unborn Child brings together 200 young people to learn effective strategies to fuel your passion for defending the most vulnerable among us – unborn children and their mothers. The Archdiocese has five fully funded places available.

To apply: [prolife@staned.org.uk](mailto:prolife@staned.org.uk)

The Archdiocesan Valentine's Retreat for Married and Engaged couples **will take place at St Kentigern's Church, Parkgrove Avenue, Barnton, Edinburgh, on Saturday 10 February 2024. Details to follow.**

Thinking about a vocation to the religious life? Join other young Catholic women to chat and **explore God's will** in monthly get-togethers in Edinburgh. Led by Sr Mirjam Hugens FSO, the first one takes place on Sunday 28 January, 4-7pm at St Columba's, 9 Upper Gray Street. It is a chance to pray, share and discuss in a relaxed environment, and refreshments will be served. The series continues each month at the same time/venue: 25 Feb, 17 Mar, 21 Apr, 12 May & 22 June. To register or find out more, please email [religiousvocations@staned.org.uk](mailto:religiousvocations@staned.org.uk)

On **9 October 2024**, the church which is now St Patrick's will celebrate its **250th Anniversary** as a Christian Church. If you would like to contribute, please speak to Uriel or email her at [u.jamieson@btinternet.com](mailto:u.jamieson@btinternet.com)

**2<sup>nd</sup> February is Candlemas**, the Presentation of the Lord, candles will be blessed at both the 12.30pm and 5.45pm Mass: please do bring along your own candles from home. On the eve of the feast, **Thursday 1<sup>st</sup> of February at 6.30pm, the First Vespers of Candlemas will be sung with solemnity** (in Latin), in honour of the 176<sup>th</sup> anniversary foundation of the Oratory of St Philip Neri in Birmingham by St John Henry Newman.

The **Blessing of Throats** with the previously blessed candles will take place after Mass on Sat. 3<sup>rd</sup> Feb, a tradition for the feast day of St Blaise.

**Mass Intentions** (please also pick up a yellow information sheet regarding Mass intentions at the piety stall)

28 January	9.00am	Peter & Mary Daly	Anniversaries
28 January	11.00am	People of the Parish	
28 January	4.30pm	Anonymous	Special Intention
29 January	5.45pm	Martin Kane, repose of the soul	Birthday Remembrance
30 January	12.30pm	Charles Kerr	RIP
31 January	12.30pm	Alfred Gembeh	
01 February	12.30pm	Brother Zachariah	Private Intention
02 February	12.30pm	Linda Di Muro, RIP	Recent Death
02 February	5.45pm	Priest's intentions	
03 February	12.30pm	Margaret Rose Kane, RIP	Anniversary

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